

IN BRIEF: GUIDELINES FOR GENDER-RESPONSIVE SPORTS ORGANIZATIONS















Introduction

The Guidelines for Gender-Responsive Sports Organizations have been developed on the basis of the Sport for Generation Equality principles, which can guide women's empowerment in sports as well as social responsibility efforts by sports organizations. Aligned with the Kazan Action Plan and Beijing Declaration and Platform for Action, the six principles constitute an overarching framework for the sports ecosystem to be a leader in advancing gender equality and the empowerment of women and girls, in all their diversity, in and through sports.

The Guidelines assist organizations in transforming their intentions to empower women and girls and advance gender equality into actual practice, based on measurable and concrete actions and indicators. They offer a systematic method for sports organizations to comprehensively evaluate their current standing on gender equality, develop and implement measures that address gaps and barriers, and monitor and report progress.

Many types of sports organizations can apply the Guidelines. They include national Olympic committees, national Paralympic committees, international/national sports federations, governmental sports bodies, sports clubs, non-governmental sports organizations and others. They can select specific actions that are most meaningful and useful to them, and effectively chart a path toward change. Since many social, cultural and organizational factors can affect sports organizations' capacities to develop and implement sustainable gender equality policies, the Guidelines offer a menu of options, and specific implementation areas, measures, actions and indicators that can be adapted to individual national and organizational contexts.

For each of the six principles, the Guidelines cover the scope, concepts, key objectives, area of implementation and a road map for application. A longer version includes detailed background information as well as a self-assessment form. This shorter "in brief" version presents a quick orientation and regular reference guide as sports organizations commence their journey to full support for gender equality and women's empowerment.



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IN BRIEF: GUIDELINES FOR GENDER-RESPONSIVE SPORTS ORGANIZATIONS





Undertake efforts to promote women's leadership and gender equality in governance models



PRINCIPLE



Undertake efforts to prevent and respond to violence against women and girls in and through sports



PRINCIPLE



Undertake to close the gap in investment in women's sport and promote equal economic opportunities for women and girls

PRINCIPLE

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04

Undertake efforts to promote women's equal participation and bias-free representation in sports media, including communications to eliminate harmful gender stereotypes and promote positive role models

PRINCIPLE



05

Undertake efforts to support equal opportunities for girls in sports, physical activity and physical education

PRINCIPLE



06

Agree to monitor and publicly report on progress on an annual basis





UNDERTAKE EFFORTS TO PROMOTE WOMEN'S LEADERSHIP AND GENDER EQUALITY IN GOVERNANCE MODELS

Ę	KEY OBJECTIVE Establish a high-level organizational commitment to gender equality.	S Develop an organizational gender equality policy/action plan.	Apply a gende mainstreamin approach to organizational and programn	g gei in a I policies	ablish nder balance all positions.		 AREAS OF IMPLEMENTATION Problem assessment Lack of gender equality in the policies and procedures of sports organizations Underrepresentation of women in decision-making Lack of access to opportunities for professional development Identify discriminatory practices
RO	AD MAP: 1.1. REFERENCE POINTS:	:			•···× •···×		1.5. ESTABLISHING AN IMPLEMENTATION F Establish a gender equality committee in the
	International and national normative frameworks.	Human rights, wo prevention of discr equal pay for work value, gender-resp policies and procee	imination, of equal onsive	Equal access to pr development, wor senior manageme in decision-makin role models and m mechanisms.	men in ent, women g, women		sports organization and ensure the involvement of female managers in the committee. Establish a communications plan on gender equality in sports leadership, the value of women's leadership, etc
\diamond	1.2. ANALYSING:						1.6. MONITORING AND ASSESSMENT:
	Gender analysis of current policies and procedures for professional development and career advancement.	and process in ma	Recruitment/election criteria and process in management positions.		Candidate nomination and election criteria of the executive board and committees.		Establish monitoring mechanisms.
	Map gender ratio on the executive board, committees of employees with different tenures/levels/positions, areas of recruitment, promotion, job applications and in professiona development opportunities.	board members, a coaches and stake about female man	cutives, thletes, holders agers in the	Perceptions of exe members, athletes stakeholders abou (gender, religion, I disability, sexual o the sports organiz	s, coaches and it diversity anguage, irientation) in	\sim	INDICATORS: esence of a high-level organizational commitment to gen knowledgement of the gender equality policy by stakeho
\bigcirc	1.3. SETTING GOALS:					Ge	nder of sports organization's president and secretary ger
	Establish high-level organizational commitment to gender equality.	Increase the num women in decisio		Provide equal acco professional deve opportunities.		$\dot{\mathbf{C}}$	nder ratio of: executive board, committees, recruitment comm
\bigcirc	1.4. WORKING WITH STAKEHOLDERS:					$\dot{\mathbf{C}}$	oportion of executives who have received training on gen
	Specify stakeholders and ide Internal stakeholders compri etc. External stakeholders ind national Olympic committee security agencies, sports NG	staff, technical staff itional sports federa s, media, sponsors, f	, office clerks, ations,	Pro de	are of women among people invited to job interviews, sh oportion of women executive candidates who have receiv velopment opportunities umber of collaborations with stakeholders working on wo		





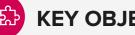
Policies and management

- Increase the number of women in decision-making.
- Provide access to opportunities for professional development.
- Promote positive practices.

ON F	PLAN:						
	Develop an action plan for implementing gender equality initiatives in the organization.						
	Establish a budgeted plan covering gender analysis, mentorship and leadership programmes, gender equality trainings, etc						
	Report to the organizational gender equality committee.						
o geno	der equality and gender equality policy						
kehol	ders						
y gen	eral						
comm	ittees, people with disabilities in decision making positions						
n geno	der equality						
/s, sha	are of female managers conducting job interviews						
eceiv	ed mentorship and / or professional						
n women's empowerment and gender equality							



UNDERTAKE EFFORTS TO PREVENT AND RESPOND TO VIOLENCE AGAINST WOMEN AND GIRLS IN AND THROUGH SPORTS



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KEY OBJECTIVES

Enable a safe and inclusive sports environment for all individuals.

Prevent violence against women and girls in society through sports.



AREAS OF IMPLEMENTATION

Problem assessment

- Existence of gender-based violence in sports
- Lack of policies and procedures for preventing gender-based violence in sports

Encourage support from outstanding figures (athletes/coaches/leaders/fans) in the sports organization.

violence against women in society.

2.6. MONITORING AND ASSESSMENT:

Identify indicators for monitoring gender equality work under this principle.

INDICATORS:

\oslash	Presence of an organizational policy to prevent gender-b
\oslash	Presence of preventive mechanism and measures (traini ethics, criminal records checks, etc) in the sports organi
\oslash	Number of protective mechanism and measures (report confidentiality policy, survivor support mechanisms, etc.
\oslash	Number of cases of gender-based violence reported (bu
\oslash	Presence of support mechanisms for survivors of gender
\oslash	Proportion of athletes/coaches/managers/technical star gender-based violence in sports
\oslash	Presence of safeguarding policies and procedures for atl
\oslash	Presence of ethical codes for athletes, coaches, technical
\oslash	Number of projects/activities/campaigns that the sports women and girls in society through sports
\oslash	Presence of a committee/working group to combat gene
	Presence of organizational rejection of sexist cheers

ROAD MAP: 2.1. REFERENCE POINTS: National and international Preventive and protective Safe sports and inclusive normative frameworks related mechanisms in sports sports. to gender-based violence and organizations. safeguarding athletes. 2.2. ANALYSING: Determine frequency of gender-based violence in Analysis of current policies and procedures for sports at all levels of teams and in social media. preventing gender-based violence and protecting survivors. Assess perceptions and approaches of managers/ Assess perceptions of managers/athletes/ athletes/coaches/technical staff/parents/ coaches/spectators/fan groups towards violence stakeholders towards gender-based violence in against women and girls in society and their sports and related policies. thoughts on how violence against women can be prevented through sports. 2.3. SETTING GOALS: Develop and implement policies Make sports facilities Take responsibility for and procedures for genderinclusive and safe. preventing violence against based violence in sports. women in society. 2.4. WORKING WITH STAKEHOLDERS: Collaboration with stakeholders from various areas such as the public, civil society and academia in developing policies and trainings to prevent gender-based violence (IOC, international/national sports federations, national Olympic committees, national Paralympic committees, related NGOs, etc..) 1000 Collaboration with national and international Collaboration with fan groups to prevent sexist sports federations in developing ethical codes for cheers in sports competitions. athletes and coaches.

2.5. ESTABLISHING AN IMPLEMENTATION PLAN:

Establish a working group to combat gender-based violence in the sports organization.

Develop and implement policies and procedures to prevent gender-based violence in sports.





Report to the organizational gender equality committee.

ased violence in sports

ng for prevention of gender-based violence, code of

ng procedures, investigation procedures,) in the sports organization

lying, peer harassment, LGBTQI homophobia)

-based violence

ff who have received training on the prevention of

staff and managers

organization conducted to combat violence against

ler-based violence in sports and a survivor support centre



UNDERTAKE TO CLOSE THE GAP IN INVESTMENT IN WOMEN'S SPORT AND PROMOTE EQUAL ECONOMIC OPPORTUNITIES FOR WOMEN AND GIRLS

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KEY OBJECTIVES

Increase investments in the development of women's sports. Increase the number of female athletes, coaches, referees/judges.

Enable female and male athletes, coaches, referees, technical officals/support professionals to participate in an equal, fair and safe environment.

Professional development and career advancement

opportunities for female athletes/coaches, role

athletes/coaches, equal working conditions for

Women-friendly sports programmes and sports

coaches/referees/judges.

facilities

models and mentorship mechanisms for female

AREAS OF IMPLEMENTATION

Problem assessment

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- Underrepresentation of female athletes in all sports branches and at all levels of sports
- Lack of female coaches and referees/judges in all sports branches and levels of sports
- Barriers for women's participation in sports
- Analysis of current policies/procedures and discriminatory practices regarding women's sports

ROAD MAP:

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3.1. REFERENCE POINTS:

International and national normative framework on women's rights and sports.

Prevention of discrimination, equal pay for work of equal value, equal practices, work-life balance.

3.2. ANALYSING:

Gender analysis of current policy and procedures in relation to recruitment, payment, benefits, awards, working (training/ competition) conditions, and opportunities/resources (equipment, facilities, transportation, accommodation, nutrition, etc..) offered to athletes and coaches.

3.3. SETTING GOALS:

Increase the number of female athletes, coaches and referees/judges at all levels of sports.

3.4. WORKING WITH STAKEHOLDERS:

Encourage female athletes and coaches to participate in national and international networks advocating women's empowerment in sports.

Assess perceptions of executives/athletes/coaches and stakeholders about women's sports, particularly about female athletes and coaches.

Remove barriers to women's

participation in sports.

Assess perceptions of executives/athletes/coaches and stakeholders about diversity (gender, religion, language, disability, sexual orientation) in athlete/coach/ referee/judge positions.

Provide access to professional development opportunities for women.

Establish platforms that will enable women role models to share their experiences with young female athletes/coaches/referees/judges.

3.5. ESTABLISHING AN IMPLEMENTATIO

Develop and implement policies and procedures to increase the number of female athletes, coaches, referees, judges, as well as their professional development opportunities and mentorship mechanisms.

Establish a communications plan promoting the value of women in sports, equal opportunities for female athletes,coaches, referees, judges, equal play for equal pay, and women-friendly/ gender-sensitive sports facilities.

3.6. MONITORING AND ASSESSMENT:

Identify indicators for monitoring gender equality work under this principle.

0	INDICATORS:
\mathcal{D}	Gender ratio of athletes, coaches, referees/judges, technical o
\mathcal{D}	Proportion of female athletes, coaches, referees/judges, techr professional development/mentorship
Ż	Gender ratio of female and male athletes, coaches, referees/jr received gender equality training
Ż	Contract awards and salary (regular income) ratios of female
Ż	Sponsor support ratio of female and male athletes
Ż	Competition participation ratio of female and male athletes
Ż	Quality of transportation vehicles and accommodation for fer
Ż	Medical and technical staff support for female and male athle
$\overline{\mathbf{y}}$	Presence of women-friendly and accessible facilities



Policies and management

- Increase the number of female athletes, coaches, referees/judges
- Remove barriers to women's participation in sports
- Eliminate discriminatory practices in terms of salaries, awards, training facilities, acommodation and quality of professional coaches

ON PLAN:							
D	Develop strategies for equal and fair distribution of opportunities and resources to female and male athletes.						
	Establish a budgeted plan to provide professional development opportunities, mentorship mechanisms for women, gender equality trainings, women-friendly sports facilities, and improved resources and opportunities for women.						
	Report to the organizational gender equality committee.						

officials/support professionals (by sports branches and levels)

- nical officials/support professionals who have received
- judges, technical officials/support professionals who have

and male athletes and coaches

male and male athletes

letes



UNDERTAKE EFFORTS TO PROMOTE WOMEN'S EQUAL PARTICIPATION AND BIAS-FREE REPRESENTATION IN SPORTS MEDIA, INCLUDING COMMUNICATIONS TO ELIMINATE HARMFUL GENDER STEREOTYPES AND PROMOTE POSITIVE ROLE MODELS

Ę		VES			OF IMPLEMEN	TATION
Increase the number of women in all positions of the media. Increase the percentage of women's sports reporting in the media.		Eliminate the gender-stereotyped portrayal of female athletes in the media.	corporate media	n of women employees in n of women's sports in all presentation of female	 Policies and management Increase the number of women work commentators, programme produce Enable female journalists to work in Increase the share of women's sports Present gender-responsive portrayal Develop and implement training ma Ensure gender balance and equity in Ensuring that athletes/managers/comments 	
R	OAD MAP:		1 1 1	···× o···· o	Nico.	
Ó	4.1. REFERENCE POI	NTS:		×	4.6. MONITORIN	IG AND ASSESSMENT:
	Gender imbalances agair women in all positions of media.		emale gender equality i	n all forms	Identify indicators equality work unde	for monitoring gender er this principle.
\mathbf{O}	4.2. ANALYSING:					
	Map the gender ratio of p media (managers, progra production directors, con interns, etc).	amme producers, editors,	Gender analysis of the presentation of female and male athletes/sports in all forms of corporate media/communications materials.		Proportion of women a	S: nd men by positions in corporate me
\mathbf{O}	4.3. SETTING GOAL	S:				actices for increasing the number of v
	Increase number of wome corporate media.	en in all positions of	Eliminate the gender-stereotyped p female athletes in all forms of comr corporate media.	nunications/	· · · ·	actices for increasing the representat
	4.4. WORKING WITH	H STAKEHOLDERS:			Proportion of news/con	nments/publicity/programmes abou
	Collaborate with stakehol	lders working on gender	Encourage outstanding female and n	nale	Proportion of visuals of	female and male athletes/coaches w
	equality in media while de training for gender equali	eveloping and implementing ty in media.	athletes/managers/coaches to prom equality in corporate media.	ote gender	Proportion of written te	ext on female and male athletes/coad
\bigcirc	4.5. ESTABLISHING	AN IMPLEMENTATION P	PLAN:	\bigcirc	Proportion of corporate	social media accounts belonging to
	Establish a gender equal media unit of the sports		Develop and implement policies and increase the number of women worl		Proportion of visuals/m	essages about female and male athle
			corporate media.		Presence of gender equ	ality in organizational publicity mate
	Seek support from outsta organizations (athletes, o		Establish a budgeted plan for women in media, gender equality training for programmes special to female athlet sports in media organs, and gender e campaigns through media.	media workers, es/women's		



- orkers in corporate media (managers, editors, news reporters,
- ucers, technicians, interns, etc..).
- in a safe environment.
- orts in all forms of corporate media.
- yal of female athletes in all forms of communication.
- naterials for gender-responsive language in media.
- in visuals used in organizational communications materials.
- coaches use gender-responsive language in media communications.



edia

- women employees in corporate media
- ation of female athletes in corporate media
- out female and male athletes/sports
- with gender and/or disability stereotypes
- aches with gender and/or disability stereotypes
- o female and male athletes
- hletes in corporate social media
- terials



UNDERTAKE EFFORTS TO SUPPORT EQUAL OPPORTUNITIES FOR GIRLS IN SPORTS, PHYSICAL ACTIVITY AND PHYSICAL EDUCATION

KEY OBJECTIVES

Foster girls' participation in sports/ physical activity/physical education in an equal and safe environment.

Raise girls' and boys' awareness of gender equality through sports.



Problem assessment

- Scarcity of girls' participation in sports/physical activity/physical education.
- Map distribution of girls and boys in all branches of a sports organizations, community sports, school sports, and among those who drop out of sports. • Map the physical activity levels of girls and boys.
- Barriers for girls' participation in sports, physical activity and physical education (personal, social, cultural and organizational).
- Identify girls' motivations for participation in sports/physical activity/ physical education.

Policies and management

- Increase girls' participation in sports/physical activity/physical education through policies and programme development. • Eliminate barriers to girls' participation in sports/physical activity/physical education.
- Develop and implement programmes aimed to increase the physical literacy of girls.
- Implement strategies to prevent girls from dropping out of sports at an early age.
- activity/physical education.
- Establish platforms for female athlete role models to share knowledge and experience with girls in intramural and extramural environments.
- Develop and implement sports programmes in accessible and safe sports facilities.

ROAD MAP: 5.1. REFERENCE POINT 	S:		o…	·x o ·x	5.5. ESTABLISHING AN IN	IPLEMENTATION Establish a com		
Personal, social, cultural and organizational barriers to girls participation in sports/physic activity/physical education.			Sports and physical activity programme targeting girls' empowerment.		sports and physical activity programmes that aim to improve the life skills and physical literacy of girls.	plan on girls' em through sports, girls' empowern of sports/physic physical educati the value of fem models for girls.		
5.2. ANALYSING:		1.1						
Proportion of girls and boys activity/physical education.	in sports/physical	Identify sports programmes ta	and physical activity argeting girls' empowerment.		5.6. MONITORING AND A Identify indicators for monitorin equality work under this princip	ng gender		
Assess perceptions and approaches of managers/athletes/coaches/parents/physical education teachers and stakeholders on the empowerment of girls through sports.		Identify sports girls' perception of sports/physical activity/physical education.			INDICATORS:			
5.3. SETTING GOALS:		1		\bigcirc	Proportion of girls and boys in all spo	orts branches and com		
Increase girls' participation in activity/physical education.	n sports/physical		ers to girls' participation in activity/physical education.	\odot	Proportion of physical activity levels	of girls and boys		
activity/priysical education.		sports/priysical		\bigcirc	Proportion of girls and boys actively	participating in physica		
Ensure girls' empowerment	hrough sports.	Raise the gende boys through s	er equality awareness of girls and ports.		Number of activities that sports orga experience with girls in schools/com	anization conducted fo nmunity centres		
5.4. WORKING WITH S			ALEX S	\bigcirc	Number of sports and physical activ	ity programmes target		
Collaborate with family/scho		Enable elite fem	ale athletes to share experience		Number of trainings that sports org through sports	anization conduct for g		
teachers/community centre sports/physical activity/physical	on girls' participation in	with girls in intr environments.	amural and extramural		Presence of accessible and safe spor	ts facilities for girls		



• Seek support from key people (family, friend, physical education teacher) to provide girls' participation in sports/physical

N PLAN:

, the value of rment, the value ical activity/ tion for girls, and male athlete role

girl-friendly sport/physical activity programme, meetings with girls in schools/community centres, and training to raise awareness on gender equality through sports with the partnership of physical education teachers

Report to the organizational gender equality

nmunity sports programmes

ical education

- for female athletes to share knowledge and
- eting girls' empowerment
- ^r girls and boys to raise awareness on gender equality



AGREE TO MONITOR AND PUBLICLY REPORT ON PROGRESS ON AN ANNUAL BASIS

KEY OBJECTIVES

Ensure accountability and transparency in advancing gender equality in sports organizations.

Ensure the sustainability of gender equality initiatives in sports organizations.



Measurement

- Establish goals and indicators for each principle based on organizational capacities and priorities.
- Establish platforms to monitor and evaluate implementation of organizational gender
- equality measures.
- Elicit feedback from stakeholders to evaluate managers' commitments to the empowerment of women and gender equality in sports.
- Include gender-disaggregated data in all organizational annual reports.
- Compare current data for the five principles, identify areas of progress and stagnation, and reflect evaluations in further plans.

Reporting

- developing monitoring mechanisms.
- official website.

RC	DAD MAP:				····×	6.5	. ESTABLISHING AN IMP	PLEMENTATIO
\bigcirc	6.1. REFERENCE POINTS:						evelop and implement a	Develop and i
	Gender equality targets.	Indicators, mo assessment.	onitoring and	Gender-disaggregated data/gender-responsive	data.	fe	orm to gather stakeholder edback on organizational ender equality initiatives.	to gather stal on managers the empower and gender e
\bigcirc	6.2. ANALYSING:				-	1		_
	Implementation areas of all princi the Guidelines.	iples in	Gender-disag	gregated data.		ir	ublish a progress report on nplementation of the rinciples.	Write and sul report on imp the principles
\bigcirc	6.3. SETTING GOALS:							
	Conduct regular monitoring and a organizational gender equality init		Establish mech analyse indicat	nanisms to monitor and tors.			stablish a budgeted plan for res n annual report and a Sports for	
	and the second second	200				6.6. MONITORING AND ASSES		
	Share gender equality progress with stakeholders.	th all	Include gender organizational	r equality data in annual reports.		E	stablish monitoring mechanism	15.
	Chara a prograss report on imploy	pontation of	Col.					
	Share a progress report on implem the principles with UN Women.	ientation of) IN	IDICATORS:	Ť
\bigcirc	6.4. WORKING WITH STAK	EHOLDERS:				Preser	nce of a Sports for Generation Ec	quality report
	Conduct a stakeholder analysis to groups sports organization should with, inside or outside the organiza	collaborate	commitment t	he sports organization's o gender equality by publishing borative work with stakeholder	g the	· · ·	nce of gender-disaggregated dat	
							nce of monitoring and assessme	nt mechanisms for
						Preser	nce of gender equality initiative	of the sports orgar
	and the series				\sim	y Preser	nce of gender equality report of	the sports organiza





• Ensure that indicators are monitored, assessed and reported on a regular basis by

• Share progress and elicit feedback from stakeholders through public reports. • Publish the sports organization's policies and gender equality initiatives on the

• Demonstrate the sports organization's commitment to gender equality by publishing collaborative work with stakeholders along with challenges and achievements.



al reports

r gender equality in the sports organization

nization on official website/platforms

ation on the official website/platforms

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